

Microdermabrasion - Is it for You?

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The advantage of Microdermabrasion treatments have been known for many years and the procedure has undergone extensive study. Positive results have been reported in prestigious peer-reviewed medical journals such as: *Plastic Reconstructive Surgery, Aesthetic Plastic Surgery, The American Journal of Cosmetic Surgery, and The American Journal of Dermatology.*



Microdermabrasion can treat brown sunspots, hyper-pigmentation and uneven skin tone; aging and dry skin; large pores; and may help to reduce fine lines and wrinkles. Your skin will look and feel healthier, smoother, and more refreshed after this treatment. A more even skin tone and texture are key benefits.

The positive results in areas such as

fine lines, sun damage, pigmentation, acne and scarring are well known and widely published. Non-invasive and non-wounding to the skin's surface, the procedure entails virtually no discomfort, down time or recovery. Patients typically experience some redness for about an hour after the procedure.

Microdermabrasion was developed only a few years ago and has rapidly increased in popularity because of widespread clinical results with an absence of complications and recovery time, low cost and low risk. Microdermabrasion stimulates production of new skin cells, collagen, and elastin. It is safe and there is no down time.

The rejuvenation method is generally indicated for:

- Dull, oily or leathery skin texture
- Minimizing enlarged pores
- Exfoliating and suctioning clogged pores from acne
- Polishing and reducing fine lines
- Mild acne scarring
- Mild pigment irregularities
- Blackheads, whiteheads, and hyper-pigmentation
- Congested skin and Blemishes

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